

- Note:-
1. All the Packages can be customised as per traveler interest.
  2. The facility of picking and dropping to nearest railway head /airports is also available.

**Package Cost:** On request

**Package Cost includes:**

- ? Accommodation in Hotels on twin sharing Basis and Luxury water proof tents for outdoor as per Package Selected.
- ? All Meals (Indian and Continental) on MAP Basis i.e. Bed Tea, Breakfast & Dinner and full meal during trek.
- ? Assistance upon arrival at reception point.
- ? Inner line Permit to restricted / protected areas of Himachal Pradesh.
- ? Transportation by taxi from reception to departure place.
- ? English, Hindi Speaking Professional tour guide during trek.
- ? Rescuer cum Basic instructor & supporting staff.
- ? Cook, Porter & Ponies to carry camping materials.
- ? Driver allowance, toll charge, state govt. taxes
- ? Basic first aid kit carried by our tour guide.
- ? Separate Utility for Tour Guide & supporting Staff.

**Package cost excludes:**

- ? Any fare before reception & after departure.
- ? Lunch during tour except trek.
- ? Any Kind of Personal Expenses or Optional Tours / Extra Ordered
- ? Monument, Temple & Museum Entrance Fees
- ? Anything not specifically mentioned under the head "Prices included".
- ? Tips, Insurance, Laundry, and Internet services, Phone Calls etc.
- ? Any Kind of Drinks (Alcoholic, Mineral water, Aerated, Starters)
- ? Porter services for Travelers language.



**Assesories To Bring For Camping / Trek /Tour:**

It is advised that the participant should bring along the following items only other than wearing cloths.

01. Comfortable wearing for night halts in hotel and outdoor camping.
02. Heavy wind chit jacket, trekking suit for Trek.
03. Trekking shoes and thermal for trek.
04. Cap & Gloves.
05. Camera & Video Cam.
06. One pair of Sleepers.
07. Sun glasses or goggles.
08. Torch & Umbrella / light weight raincoat.
09. Toiletries & Bathing kit.
10. Any personal item & Personal medicines



Registered By  
Department of Tourism  
Govt of Himachal Pradesh

# Family Camping Tour

Experience the Himalayan trek with family



## We Offer More

- Children Adventure Camps**
- Pilgrimage Packages**
- Pass / Trek Packages**
- Leh -Ladakh Package**
- Jeep Safari Packages**
- Camping Packages**
- Honeymoon Packages**



Office  
Main Bazaar Bharmour, Distt Chamba,  
Himachal Pradesh (India) Pin - 176315  
Email  
info@himachaltreks.com / info@bharmourtreks.com  
annaadventuresandtours@gmail.com  
Call  
+91 1895225663 / +91 98177 10758  
+91 88946 87758 / +91 9459075309

Web  
www.himachaltreks.com  
www.bharmourtreks.com  
www.manimaheshkailash.com



www.himachaltreks.com  
www.bharmourtreks.com  
www.manimaheshkailash.com

Trust us for life time adventures and Experience in unexplored Himalaya.

# Family Camping & Trekking Tour

Over centuries, the great Himalayas have attracted travelers. Camping in Himalaya & trekking creates a spirit of adventure and provides wonderful opportunity to come in contact with nature. It also adds to one's knowledge about environment, flora and fauna etc. Camping in Himalaya Trekking acts are instrumental in developing the mind and the body and more so over in building one's personality. Trekking in Bharmour is quite enjoyable. It has now become easy to explore the remote mountains of Himachal Pradesh.

For a traveler, the pleasures of the journey are just as important as the destination. There are many people who go on tours and travelling are enlightened manner, and there are those who don't do so. We have seen many people visiting the beautiful hill stations of Himachal Pradesh like Shimla, Kufri, Dalhousie, Manali, Bharmour etc. Without enjoying the natural beauty in the least and such people are passing their valuable time. There are many people in the world those who come to hill station seeking seclusion to satisfy their hidden motives, many travelers come for sightseeing, to gain knowledge and to relax in natural environment and even for meditation. Such people often checkup web sites. This website is to help those who want to dip in the nature and natural studies even with family; we help them to plan their journey and vacation. This part of this web site is specially made for the needs of conscious personalities. There are lots of traveling routes in Bharmour and around which are famous for their spiritual, natural and aesthetic beauty. These routes are full of adventure and hidden treasures. The each route is different from other for natural beauty, gradient, hidden treasures, wild life, medicinal herbs and for holy places etc.

## Camping & Trekking with Family

Anna Adventures & Tours designed special family trips for the people who are traveling with small children but still want to go to a place which can provide some adventure. These trips are a combination of camping, jungle walks, small one day treks and many more activities which one can indulge in with their children with least physical label. Parents can also go on small treks and leave their son/daughters in the care of the camp staff. And by the time you return to the camp. They would have learned how to light a fire, learned some basics about the jungle survival, how to pitch a tent and many other things which will make them more confident.

Children start learning at a very early age and the primary sources are parents and immediate family members. Children look for role models to draw inspiration and will follow the role model's footsteps. It cannot be over emphasized that parents are the best role models for children. Role Modeling is a very important subject and parents have a major responsibility here. Every aspect of our behaviour and action is being watched and can be repeated by the child. For example, how we talk, communicate, take care of ourselves, physical fitness will be role modeled by our children.

Modern career pressures and double income families spare little time for the child to observe the parents and learn. Absence of joint families causes loss of opportunity for role modeling. It is therefore important for families to take time off and spend in the outdoors, participate in joint activities that will provide opportunity for role modeling and inspiration.

Double income couples also find little quality time for themselves resulting in weak bonds, frayed nerves and diminishing love. Regular holidays in resorts and lodges may not provide quality time due to our dependency on gadgets and TV. Adventure programs eliminate all these issues and provide very intense interaction opportunities through sharing and helping each other. Couples going through difficult issues and planning for separation can give this a try and re-discover their emotional bonding, love and romance. They can thus avoid a painful and emotionally disturbing separation through divorce..!

Some of the features handled for family programs are

- Role modeling opportunities for parents
- Wholesome adventure holiday for all
- Family get-togethers with adventure theme
- Snow trekking and snow games
- Jungle Walks
- Nights in Camps

Improved bonding and understanding between couples

## TOUR ITINERARY

- DAY - 01 Reception at Bharmour  
02 Bharmour - Bharmani Mata - Bharmour  
03 Bharmour - Hadsar - Kugti - Camp Site  
04 Fullday Excursion in wild life sanctuary  
05 Fullday Excursion in wild life sanctuary  
06 Fullday Excursion in wild life sanctuary  
07 Camp Site - Kugti - Bharmour and tour ends here

